

Newsletter 2022



Dutch Pot Lunch & Social Club

(Registered charity 297284)

Issue 4

January 2022

Who are we? We are a self-supporting registered charity run by volunteers providing a social service for the older person in the community

Our Mission is to empower African, African/Caribbean and Ethically Diverse Older people to maintain their independence, dignity and enhance their total wellbeing.

Happy New Year to all our members & I hope that you all had a good Christmas as best as we can during these challenging times. The club has to remain temporarily closed due to the wishes of the landlord however we have been delivering outreach services where we can for limited numbers. The management team are still working in the background with administrative tasks so that we will be ready to reopen when we are permitted to return to Ada court.

Pre-Covid-19 an excellent service was provided 2 days a week with lunches, bingo, well-being activities, sign-posting, seaside trips & mini bus pickups on a Wednesday for our most isolated members.

All of this would not have been possible if it wasn't for our wonderful volunteers Candace, Sarah I. Sarah G, Thelma, Novelette, Litchian, Lynn & the Committee members Sarah G, Daphne, Jackie, Valerie and all our members - A BIG Thank you to you All



Commiserations to the Brathwaite family on the loss of Mr Ken Brathwaite on 26th October 2021 – he will be greatly missed by us all as he was a real pioneer of the Dutch Pot Lunch & Social club for many years a fine outstanding man of the community.

Also commiserations to the Etienne family we sadly lost Mrs Phylis Etienne who was a dedicated member of the club, also commiserations to anyone close that you may have lost over the past few years.

Dutch Pot Lunch & Social Club 2021 Highlights & Plans for 2022

Since the Pandemic in March 2020...As with other charities we are facing challenges, however we have done our best to provide a limited service since November 2020 & with the help of Zodiac Arts we provide an online Zoom on Tuesdays & Wednesdays – send me your email address if you wish to join the session at soniagrants28@gmail.com

Rev Dr Paul Hill kindly chaired our AGM in March 2021 so we express our thanks to him. The Fernhead Road Methodist Church on-line service is available for all to attend or at 101, Fernhead Road W9 3EA.

Management meetings have been held on a weekly basis since November 2020 and we are working to our Proposal Plan, stage 1 addressed the Covid-19 crisis in November 2020 where instant emergency measures had to be put in place, Proposal stage 2 was for the continuity of the club services where possible & now we are in stage 3 which is our planned return to Ada Court.

Over the Christmas period we partnered with Central & Cecil to arrange a trip to the **Royal Albert Hall 150th Anniversary carol singing event** & were invited to a **local primary school** where the children sang Christmas carols & hosted a festive tea party.



In July 2021 some fair weather allowed us to hold a **Picnic** in Queens Park



In August 2021 we visited **Kensington Palace** to view Diana's Princess of Wales's wedding dress & as we are Community Access Scheme (CAS) members we were permitted a room in the palace to have our lunch & discussions.



Website - We are still working on a website with help from the Bank of England volunteers and this is still in progress. What do you think of this for a new logo? Let us know?

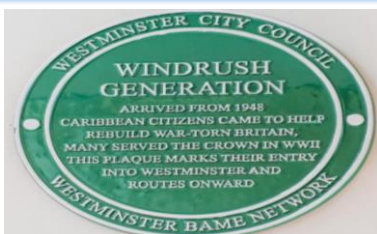


Food deliveries were delivered to members on 'special days' in 2021 massive thanks to our volunteer cook Litchian for making this possible..



Black History 2021 - We have a star club member **Mrs Sheila Ramsay** who is one of the three Windrush generation elders in Westminster chosen to feature in a documentary trailer called '**Still we Rise**' following a prestigious plaque unveiling event in June 2021 at Paddington Station. See the links for testimonials from Councillor Heather Acton, Serina Simon Chair of WCC Black, Asian & Multi Ethnic staff network & Mike Gallop who runs Paddington Station.

Go and view the Plaque at Paddington Station when you can



<https://www.westminster.gov.uk/windrush>



<https://www.westminster.gov.uk/news/westminster-council-celebrates-windrush-generation-green-plaque-paddington-station>



Good News Outreach service to members

Our outreach well-being work increased in the Pandemic & we will be rolling out this type of delivery to you or other venues (subject to funding)

In conjunction with Zodiac Arts 'Sports for All' we delivered a 6 week well-being sessions to 5 members who are unable to leave their homes or have access to any form of exercise, this scheme was a success and attendance certificates were presented at the end of the 6 weeks.



In August 2021 we reached out to the local community by holding a stall at Westminster's Caribbean Cultural Market to let the locals know all about our club and we raised funds by selling table top items as well.

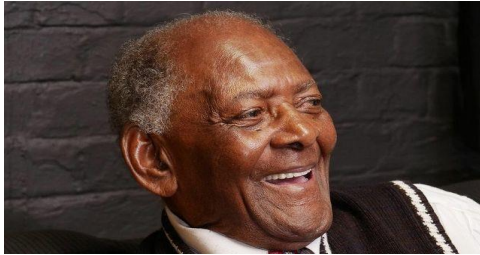


Notices

1. Ada court has been closed temporarily since March 2020 so we await any further changes in the government guidelines & the go ahead from our landlords, but if you need to contact me or a committee member you can do so on the following numbers 07932 730355 or 07956 821457
2. Happy belated Birthday greetings to everyone since the last newsletter hopefully you enjoyed your birthday.

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(Adrianne McKenzie Brent & Kilburn times 29.01.21)

Did you know that.....Norman Mitchell MBE celebrated his 100th Birthday & received his letter from Queen Elizabeth, In the past Dutch Pot Lunch & Social Club has partnered with his club West Indian Citizen Organisation (WISCO), a club in 1980 which helped the Windrush Generation in the local area who had become old, frail & isolated. Also in the past he has chaired a few of our Annual General Meetings. He has spent a life time working tirelessly in the community
– So well done & congratulations from us all

Stay warm, Stay safe & follow the latest Government guidelines

Find us at: Ada Court 10-16 Maida Vale, London W9 1TD, 07932 730355

Please support us online  <https://localgiving.org/dutch-pot-lunch-social-club>

Email: SoniaGrant28@gmail.com